

## Divorce Coaching Request Form

Dear Friend!

Thank you so very much for your interest in Life Coaching Opportunities with the MDR Coaching Team! Kindly complete this application so that we can evaluate your desires and consider an approach to bring you the most effective and efficient personal assistance!

Sincerely, **Dr. Mark Roseman, Founder** 

## CONTACT INFORMATION AND BACKGROUND

Name:					Date:	
Signature of par	ent/guardian (i	f you are a	n minor):			
Birth Date:	/	/	Age:		Gender: □ Male □ Female	

Address:	
(Street and Number)	(City) (State) (Zip)
Home Phone: ( )	May we leave a message? □ Yes □ No
	May we leave a message? □ Yes □ No
E-mail:	
*Please be aware that email migh	t not be confidential.
2	
Marital Status:	
□ Never Married □ Partnered □ Ma	rried  ☐ Separated  ☐ Divorced  ☐ Widowed
Children: Number of children	Ages and Gender
Referred by: (check any that apply)	
☐ Family or Friend	
☐ Internet Search	
☐ Website	
Other	
Which applies to you?	
which applies to you?	
I. □ Need to reexamine	
i. Theed to reexamine	
my lifastyla	
□my lifestyle	
□ life cools	
$\Box$ life goals	
F 1 . 1 .	
Explain below	
	TION I feel my children have targeted me and wish to □exclude
you from their lives, or □to mini	mize your involvement with them.
I feel a targeted parent	because:
Explain below	
Why I feel this way because:	

Personal Concerns
1. What are the biggest changes you want to make in your life in the next $6 - 12$ months?
1
1.
2.
3.
2. What are the biggest changes you want to make in your life over the next 5 years?
a.
b.
c.

3. Who or What do you believe may be keeping you from achieving what you wish

for?	
4. What would you say have been your 3 greatest accomplish	ments to date?
a.	
b.	
c.	
5. Have you shared your concerns with friends? Y/N Why or	why not?
6. On a scale of 1(least) to 10 (max), how confident about you 1-2-3-4-5-6-7-8-9-10 Explain:	ur future are you?
7. On a scale of 1(least) to 10 (max), to what degree do you b 2-3-4-5-6-7-8-9-10 Explain:	lame yourself for your current status? 1-



## **Coaching Agreement**

Name:	Date:	_
the MDR Coach is to do they believe important in uses their training and ex	I means to explore oneself without judgement of help their client to identify the changes and in the short and long term. Importantly, the I experience in confidence, and without restrain ficient opportunities for clarity and achieven	l objectives that MDR Coach nt in order to
supportive educational nathoughtful process. We can these coaching sessions of communication that is	providing therapy nor legal advice. Rather, model which has been found to be most help each are committed to collaborative efforts as are available virtually and may use any conscionations comfortable for the clients. Examples of the clude phone, text, What's App, Facetime, Sl	ful in a mindful, with our clients. evenient means hese electronic
The client is welcome to any reason and at any tire	extend coaching hours, suspend or termina me.	te sessions for
<u>-</u>	permit you the control of your time, and you are facilitating partner to bring you closer to to ourself.	
Fools, homework and executive partner has a responsibility pursuit of personal and protogether will bring the mo	arge of our collaborative work. MDR Coache croises based on the client's initial goal orientary to be honest in sharing information that will ofessional goals. We believe that a mutual respect fulfillment. Please share your cultural, generalieve that that will help obtain a clearer mutual	tion. The client be helpful in this spect for this work ler, religious and
Client's Signature		Date
Kindly email this signed of	contract to: info@markdavidroseman.com.	

We are here to answer your questions! Email and call 860-271-3294!